



# Friends Of Baxter Animal Care

'WHERE ANIMALS ALWAYS COME FIRST'

August 2019



*Firstly, my thanks to everyone who supported our sponsored abseil last month, we raised £705. Thanks also to everyone who took part in our August free distant healing sessions. Animals of all types can choose to receive, and benefit from many complementary therapies including Reiki and, in this newsletter, we are sharing a summarised case study of a Thai elephant who certainly loved it! 😊*

*We've been out and about promoting our work and have a number of activities coming up. Best wishes,  
Sue Malcolm, Founder*



## August Free Animal Distant Healing

Throughout this month on Sunday evenings from 8pm to 8.30pm a team of our volunteers have been sending distant healing to any animals nominated to receive it. Now in its third year, this activity is becoming increasingly popular and on the last Sunday in August alone, we sent Reiki to 40 animals - cats, dogs, donkeys and horses. We've received some lovely feedback from grateful carers of a number of the animals and we look forward to receiving more feedback. We will offer this service again in February 2020. Thank you to all of the volunteers involved in these compassionate distant healing sessions and also to Julie Ackroyd for co-ordinating our weekly healing lists, detailing all the animals to receive Reiki.



## Reiki can help all types of animals

Two of our volunteers, David Wood and Maria Guimaraes, on a holiday to Thailand offered Reiki to elephants that had previously led a working life and were now cared for in a sanctuary. David and Maria were led with the elephants, to a bathing pool where they bathed with, and washed, a magnificent 40year old female elephant. They intended Reiki to flow as they laid their hands on her back, gently stroking and scrubbing her. The elephant quickly closed her eyes and relaxed, glancing occasionally to see where our volunteers were, then settling back to eyes closed and relaxed. For the full case study see: <http://www.friendsofbaxter.org.uk/an-elephants-response-to-reiki/>



## Activities past and future

Here we were set up ready for Middleton Park Fun Dog Show on Sunday August 25<sup>th</sup>. In a lovely shaded area, dogs of all shapes and sizes entered competitions for the waggiest tail, cutest dog, best smile and more as stalls promoted their wares. Dogs came for a Reiki taster treatment and all enjoyed it, several went home with some tasty natural treats or fun toys and we spread the word about Friends Of Baxter Animals Care and holistic therapies. We have just 2 places left on both our 'Canine massage and mindfulness' workshop 14/9 and Level 1 (introductory) Reiki training 21+22/9. For details see: <http://www.friendsofbaxter.org.uk/therapy-training/> For more events visit our website.

**NEW VOLUNTEERS** – We welcome anyone who might like to volunteer for us whether on a regular basis or just ad hoc when you have a few hours. Tasks and roles vary, so there's sure to be something you would like to do. Volunteers meetings are held every 2 weeks and Trustees meetings are quarterly.

For more information please contact us via:

[www.friendsofbaxter.org.uk](http://www.friendsofbaxter.org.uk)

e-mail: [info@friendsofbaxter.org.uk](mailto:info@friendsofbaxter.org.uk)

Mob: 07737 396 948