



Winter 2021

[www.friendsofbaxter.org.uk](http://www.friendsofbaxter.org.uk)  
"where animals always come first"

Dear Friends

Sorry for not being in touch for a while, the last few months have been incredibly busy in respect of our new Animal Reiki training and my work spearheading Animal Reiki course accreditation. After months of sending distant Reiki, we are also now out and about offering Reiki to animals in person, which is wonderful and we have new case studies for you.

Please read on to learn more about our recent activities and do get in touch if you wish to be involved or offer support in any way.

## Animal Reiki Training is Up and Running



Would you love to help animals naturally using Animal Reiki? If so, you need to start by learning Reiki. When offering this restorative and calming energy, animals typically zone in, finding it relaxing & enjoyable.

Our specialist **Animal Reiki training**, which includes Understanding Animals for Reiki Practitioners, then provides further knowledge and skills to help you gain optimum results for animals in a range of situations. These dogs certainly enjoyed their Reiki from 2 students.

Since launching our bespoke training, demand has been high and feedback has been excellent. Courses have filled up quickly, so book early to avoid disappointment!

## In-Person Animal Reiki Sessions are Back



Animals offered Reiki by Friends Of Baxter Animal Care and those working with us, largely seem to understand that it will help them.

They often show us where they want 'healing', sometimes pushing their body into our hands: "here, please" (like this donkey at the wonderful Hope Pastures). Later, we may receive an appreciative nuzzle or lick.

For examples of our recent work, please see **Client Feedback**.

## Animal Reiki Training Accreditation is Coming Soon



As Animal Reiki Co-ordinator for the UK Reiki Federation & Reiki Council, I'm delighted to have led a Reiki Council initiative that has created criteria for Animal Reiki Practitioner course approval & recognition - to raise training standards.

Organisations such as the UK Reiki Federation will shortly be accrediting suitable Animal Reiki courses run by approved teachers who meet the stipulated criteria. Our Friends of Baxter Animal Care training meets all of the outcome requirements. Full information will be made available at **[Animal Reiki | UK Reiki Federation](#)**, when launched.

### Distant Reiki supports Tabitha's Return of Vision



Tabitha was one of hundreds of animals to receive Reiki from our Distant Reiki group when Covid safety requirements prevented in-person visits to animals in their own homes and animal centres.

She was diagnosed with sudden onset blindness. Diagnoses of hyperthyroidism and having suffered a possible mini stroke followed. Reiki helped her to be relaxed and calm, supporting her veterinary care, and full vision was restored to the joy of all.

Read more about Tabitha and other case studies on our **[website](#)**.

### P.S. We post 'Did You Know...?' facts on Wed evenings on Fb



Guinea pigs are a popular pet choice for their enjoyment of human company and their gentle natures. But did you know that guinea pigs should have 3 types of food and fresh water available daily?

While grass hay and pellets will often form much of their diet, over 60 varieties of fruit, vegetables and herbs are suitable for them. But always check as some plants are not good for them and can even be poisonous.

Guinea pigs also like company of their own kind so where possible it's beneficial to bond them with another neutered guinea pig.

For more information, to volunteer or to make a donation, please get in touch

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